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The FISHMONGERS' Company's FISHERIES CHARITABLE TRUST

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# Mussels to the masses

Dr David Willer





#### Bivalves - an underexploited UK source of nutritional health & economic wealth

- Our need for more nutritious sustainable diets
- The nutritious, sustainable yet underexploited bivalve sector
- Why we need new bivalve solutions across the supply chain
- How to participate in turning opportunity into reality



### Poor diets are harming our health, economy and environment



**63%** UK adults **overweight** and **30% obese** Obesity **denies** every adult of **9 years of life** 

**Obesity costs** UK **£27 billion** of which NHS £6.1 billion per year

Unsustainable intensive arable farming to produce ultra-processed foods drives soil degradation and carbon emissions

60% of carbon in UK soils already degraded, costs us £1.2 billion per year

Remaining UK soils contain 10 billion tonnes carbon – equivalent to 80 years UK emissions



#### Healthier, sustainable diets are more protein and nutrient-rich





#### Bivalves offer a superior micronutrient-rich source of dietary protein





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*Willer & Aldridge 2019. Global Food Security. https://doi.org/10.1016/j.gfs.2019.04.007* 11

#### Bivalves also are a highly sustainable source of food





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Willer & Aldridge 2019. Global Food Security. https://doi.org/10.1016/j.gfs.2019.04.007 So, could UK's tiny bivalve sector grow to feed millions and generate billions?

#### Mussels Illustrative Example

A tiny sector

With scope

for growth

**Of great** 

potential

value



#### **Typical sites:**

- Off shore reefs
- Wind farms
- West Country
- Scotland
- etc

- UK production today is tiny just 2700 tonnes mussel meat in 2020
- Research has shown UK has 560 km<sup>2</sup> coastline suitable for mussels \*, equivalent to a 30 m wide strip around the entire UK, which could produce 6.5 million tonnes mussel meat per year
- If ultimately say only 10% of potential coastline were exploited this this equates to the annual **protein requirements of ~4 million people**
- Even if wholesale market prices of ~£10/kg mussel meat fell say by as much as 50% due to sector growth, this would still represent ~£3.5
   billion per year wholesale
  - By comparison the UK's most valuable food export, Scottish salmon, is currently worth around £1 billion per year



#### Innovation & investment will be required involving supply chain collaboration



Significant investment is needed to deliver improvements across the supply chain Today much of production and retail stages are highly fragmented Leading food manufacturers and supermarket chains have key roles to play



### Several key barriers to growth help explain why bivalve sector is tiny

Breeding & hatcheries	Grow-out	Harvest & shell removal	Distribution & processing	Marketing & retail
<ul> <li>Suboptimal bivalve breeds with low meat yields</li> <li>Low supply of bivalve seed from hatcheries</li> <li>Expensive feeds for broodstock &amp; seed can make up 50% of hatchery costs</li> </ul>	<ul> <li>Low operator confidence there is demand for scale up</li> <li>Suboptimal farms locations &amp; methodologies</li> <li>Lack of alignment with other coastal industries</li> </ul>	<ul> <li>Suboptimal depuration &amp; decontamination</li> <li>No established method for fast automated shell removal</li> <li>Poor commercialisation of by-products</li> </ul>	<ul> <li>Limited freezing &amp; storage approaches</li> <li>Lack of protein extraction and restructuring methods</li> <li>Lack of innovation in product development</li> </ul>	<ul> <li>Limited consumer familiarity of bivalves &amp; knowledge on how to cook</li> <li>Lack of convenient, appealing &amp; affordable products</li> <li>Sustainability &amp; health benefits under emphasised</li> </ul>



#### Break through innovation investment under discussion to drive market growth

Breeding & hatcheries	Grow-out	Harvest & shell removal	Distribution & processing	Marketing & retail
<ul> <li>Selective breeding &amp; novel species</li> <li>Quality supply of bivalve seed</li> <li>Innovative feeds for broodstock</li> </ul>	<ul> <li>Pioneering operators</li> <li>Innovative growth methods</li> <li>Optimised planning &amp; policy</li> </ul>	<ul> <li>Novel depuration &amp; decontamination</li> <li>Automated fast shell removal</li> <li>Sustainable by- product commercialisation</li> </ul>	<ul> <li>Improved freezing &amp; storage</li> <li>Novel protein extraction &amp; restructuring</li> <li>Convenient &amp; appealing food products</li> </ul>	<ul> <li>Chef &amp; restaurant promotion</li> <li>Branded targeted mass-market products</li> <li>Health &amp; sustainability marketing</li> </ul>



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#### Cambridge University research areas and opportunities for collaboration

	Supply chain innovation	Current Cambridge University Research Group focus areas	References
Breeding & hatcheries	<ul> <li>Selective breeding &amp; novel species</li> </ul>	• Shell-less clams that can reach 1m length in 6 months	Willer & Aldridge 2020. Frontiers in Sustainable Food Systems. https://doi.org/10.3389/fsufs.2020.575416
	<ul> <li>Quality supply of bivalve seed</li> </ul>	<ul> <li>Microencapsulated feeds to improve juvenile growth rates &amp; reduce mortality in hatcheries</li> </ul>	Willer & Aldridge 2019. Aquaculture. https://doi.org/10.1016/j.aquaculture.2019.02.072
	Innovative feeds for broodstock	Microencapsulated feeds to improve broodstock     conditioning	Willer, Furse & Aldridge 2020. Scientific Reports. https://doi.org/10.1038/s41598-020-69645-0
	Innovative growth methods	<ul> <li>Intensive controlled enclosed systems for growing bivalves faster than previously possible</li> </ul>	House, Aldridge & Willer. In preparation
Grow-out	Optimised planning & policy	Research into global and UK site feasibility	Willer & Aldridge 2020. Nature Food. https://doi.org/10.1038/s43016-020-0116-8
Harvest & shell	Novel depuration & decontamination	Intensive controlled enclosed systems	House, Aldridge & Willer. In preparation
removal	Sustainable by-product     commercialisation	Bivalve shells for phosphorous removal & reuse on fields	Reynolds, Willer & Aldridge. In preparation
Distribution & processing	Convenient & appealing food products	<ul> <li>Microcapsules to improve palatability, nutrient profile &amp; value of bivalves</li> </ul>	Willer & Aldridge 2020. Frontiers in Nutrition. https://doi.org/10.3389/fnut.2020.00102
Marketing & retail	Chef & restaurant     promotion	• University canteen trials to replace less sustainable foods with bivalves & influence future thought leaders	Willer, House, Pilling & Garnett. In preparation



#### Need for innovation investment requires us to engage major stakeholders



**Engagement:** In 2020 we begin collaboration with Nomad Foods, Europe's largest frozen food company and owners of Birds Eye, Findus and iglo.



**Objective:** Assess the potential for mass-market food products using bivalves



**Output:** Major publication in December 2021 in *Nature Food* on 'Opportunities and challenges for upscaled global bivalve seafood production'



**Impact:** In April 2022 **Nomad Foods launch Open Innovation Portal** with the aim to bring bivalves into everyday meals within 2-3 years



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Willer, Nicholls & Aldridge 2021. Nature Food. https://doi.org/10.1038/s43016-021-00423-5

### Nomad's invitation to collaborate and profit from bivalve sector innovation



Seeking Partners To Develop Innovative Bi-Valve Solutions Along The Whole Supply Chain From Sea To Plate & Beyond

- III Nomad Foods
- From United Kingdom
- D Very responsive
- (i) Deadline at 31/05/2022

Write your proposal

https://www.innoget.com/technologycalls/2070/seeking-partners-to-develop-innovative-bivalve-solutions-along-the-whole-supply-chain-fromsea-to-plate-beyond Nomad are looking to **collaborate with individuals, companies or academic institutions** to **develop innovative solutions along the whole supply chain** from sea to plate & beyond, including:

- Selective breeding, for production, processing, nutrition & organoleptic properties
- Sustainable farming & harvesting
- Post-harvest treatments eg depuration, decontamination
- Consumer safety
- Meat/protein extraction, preferably without denaturing the protein
- Freezing
- **Product structuring & development**, of intact meat, minced/chopped meat or extracted protein.
- Environmentally responsible use of by-products eg shells
- LCA measurement & reduction throughout supply chain
- Nutritional benefits
- Consumer attitude & behaviour change



## Thank you

**Dr David Willer** 









## **52nd Annual Conference**

Shellfish Association of Great Britain

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